



Provider Updates

In Case You Missed It | June 2021

- 1. Thank you for helping stop the spread of COVID-19.** Your encouragement for patients to get the COVID-19 vaccine is helping slow the spread and protect against new variants. TRICARE continues to covers vaccines at no cost; however, an office visit copayment may apply if other services are rendered. You can direct TRICARE patients to www.tricare.mil/COVIDVaccine for details. Visit our [Benefits A–Z](#) for benefit details and updates.
- 2. Stay up to date on Autism Care Demonstration (ACD) changes.** In support of new requirements being rolled out for the ACD, be sure to visit www.health.mil/autism and www.tricare-west.com/go/ACD-provider often for information and answers to frequently asked questions. We recently posted information about our new process for ABA group roster submissions effective July 1. Please take a moment to [familiarize yourself](#) with these changes.
- 3. Update to 3-D mammogram services.** On Jan. 1, 2020, TRICARE expanded coverage for breast cancer screenings to include digital breast tomosynthesis, or [3-D mammography](#), as a preventive benefit through the provisional coverage program. We recently received clarification from the Defense Health Agency regarding copayments/cost-shares and approval requirements. We are adjusting claims paid from Jan. 1, 2020 to present. No action is needed on your part.
- 4. Want to learn more about the basics of TRICARE?** Whether you are a new TRICARE providers, or just want to refresh your knowledge, we offer live webinars on the basics of TRICARE. Get useful information from one of our TRICARE experts and get your questions answered. Check out our [current schedule](#) today!
- 5. Use ePrescribe to save time.** TRICARE's Pharmacy Program, managed by Express Scripts, provides prescription medication to TRICARE beneficiaries. One benefit of the program is [electronic prescriptions, or ePrescribe](#), which provides a convenient and secure way for your patients to get the prescriptions they need. Note, some military pharmacies only accept electronic prescriptions, including those for controlled substances.
- 6. June is Post-Traumatic Stress Disorder (PTSD) awareness month.** This month is dedicated to spread awareness to those suffering from PTSD. We offer several mental health resources and benefit information for your TRICARE patients who may be suffering. Check out our [Mental Health Benefits page](#) for more information.
- 7. Telehealth options for your patients.** As pandemic restrictions continue to ease around the country, some of your patients may still prefer to avoid coming into the office for medical appointments. [Do you offer telehealth?](#) Let us know! Remember, TRICARE beneficiaries also have access to [Telemynd](#) and [Doctor on Demand](#), both offering telehealth services.
- 8. Use online tools to save time.** HNFS offers several online self-service tools that allow you to conduct TRICARE transactions at any time. Tools such as checking credentialing status or the Prior Authorization, Referral and Benefit Tool are public tools and do not require a log in. Additionally, you can securely access authorization or claim status, check patient eligibility and deductible information, update your demographics and more by logging in and accessing the secure tools.
- 9. Convenient recorded health classes and online programs for your TRICARE patients.** Class topics include anxiety, depression, diabetes, heart health, stress management, and tobacco cessation. They can work at their own pace with one of our six online health programs. Topics include asthma management, self-care, tobacco cessation, weight management, and skills for making health changes. Share the [Learning Center](#) with your patients for these resources.
- 10. Summer is a good time to quit!** Encourage your patients to quit and provide these convenient resources to help. [Preparing to Quit Tobacco](#) is a recorded class focusing on the key challenges of smoking and provides tools to be successful. Patients can work at their own pace with our [Time to Quit](#) tobacco cessation online program. This program takes them step by step through completing a quit plan.

COVID-19 Updates: Go to www.tricare-west.com/go/COVID19.